



# Stratheden Public School

## Newsletter

Monday, 13th March, 2017 7.17

Phone: 66673266

Fax: 66673241

Mobile: 0476 811 959 [www.stratheden-p.schools.nsw.edu.au](http://www.stratheden-p.schools.nsw.edu.au)

### WEEK 8

### TERM 1

#### **Week 8 Term 1:**

Wednesday, 15th March

- Mobile Library
- Expressions of Interest for Year 7 forms due.

Friday, 17th March

- School Banking
- Tuckshop
- Book Club due.

#### **Principal's Report**

##### **Sport**

Congratulations to all those who represented the school last week in tennis and swimming. Your efforts are appreciated.

Thank you to Mr Shane Robinson for continuing to develop the students' skills in football.

##### **Grandparents' Day**

Grandparents' Day was a great success. We had a wonderful day. The efforts of the grandparents to attend and make the day such a wonderful experience for their grandchildren is always appreciated. Well done!

##### **Tell Them From Me Survey**

The parents of students in Years 4/5/6 will receive a consent form with this newsletter. The form is self explanatory. Please read it carefully and return to the school by Friday, 17th March.

##### **Canberra Excursion**

Last Friday the students in Years 5 and 6 received a letter about the Canberra Excursion in July/August. If you have any questions relating to the excursion, please come and see me.

##### **Premier's Reading Challenge (PRC)**

The Premier's Reading Challenge has begun. Each student is involved in this challenge. K/1/2 students are required to read or have read to them 30 books (25 must be Challenge books and 5 of their own choice). Years 3/4/5/6 are required to read 20 books (15 must be Challenge books and 5 of their own choice). Mrs Whitton will be available to change books on Tuesday, Wednesday and Thursday mornings before school.

##### **Relay for Life**

Stratheden Public School have been involved with the Cancer Council of NSW for many years and this year we are asking people to join with us in participating in the biannual Relay for Life that will take place in May. Our team is "**Stratheden Wanderers**". Registration Sheets were attached to last week's newsletter.

Cathy Kauter  
Principal

## **K/1/2 News**

Last Friday the students did a directed drawing with Mrs Eyles. These are displayed on the back wall.

Congratulations to the following:

**Merit Awards:** Lucian Kelly—For reaching B2 Level in Reading.  
Rex Morgan—For reaching F1 Level in Reading.

**Gold Tokens:** Lucian Kelly (20)

**Home Reading:** Anna Bennett  
Tyler O'Reilly

## **Mrs Eyles News**

**Visual Art:** Easter Craft

**Science & Technology:** New Unit for K/1/2—Water Scenes  
—Water use around the school

**Library:** Indigenous Studies: The Digeridoo

## **Literacy Years 3/4/5/6:**

**Spelling:** Unit 4

**Writing:** Persuasive

**Maths:** Algorithms

## **Sightwords**

Congratulations to the following students who have achieved a higher level in Sightwords. They are now on the following levels:

Lucian Kelly—W3, Column 2

Rex Morgan—W7, Column 2

Anna Bennett—HH2 (2), Columns 1 & 2

Tyler Lowe—W8, Column 1

Payton Summers—W9, Column 2

Clark Armstrong—HH3 (2)

Cooper Monaghan—HH4 (9)

Madison Parsons—HH2 (1), Columns 1 & 2

Maddison Whitton—Howell—HH1 (7), Columns 3 & 4

Jack Roylance—HH2 (2), Columns 3 & 4

Kahniesha Farrell—Siddons—HH3 (6), Columns 3 & 4

Tineka Leadbeatter—HH3 (5)

Liam Saunders—HH3 (9), Columns 1 & 2

## **High School Expressions of Interest**

For those students in Year 6, who received an expressions of interest form, attached to a newsletter previously. We are required to have these forms back as soon as possible, to pass onto the appropriate school. Even if you are unsure, we still need these back.

**Please return to school by Wednesday, 15th March.**

## **Statutory Declaration**

Attached to a newsletter a few weeks ago was a statutory declaration, please complete these and return back to school as soon as possible. **On returning this form, please provide a 100 point check (i.e. drivers license and Medicare card), these are to be copied and kept on file.**

## **Stewart House**

Stewart House and The Smith Family have been partnering for over 50 years to build sustainable reuse initiatives that benefit children and families in disadvantaged communities. If you would like any further information about The Smith Family Stewart House Clothing Drive, please contact us on 1300 737 166 or [customerservice@thesmithfamily.com.au](mailto:customerservice@thesmithfamily.com.au)

Win a family holiday worth \$4000. Attached to last week's newsletter is a Stewart House Donation Drive envelope. A donation of \$2 will place you in the draw to win. All donations will need to be at school by **Friday, 5th May**.

## **P & C**

### **School Fees**

The school fees for this year have been set at \$60 per family and \$30 per child. The P&C will then donate \$50 of the \$60 or \$25 of the \$30 to the school for the purchase of textbooks and other school related expenses. It would be appreciated if you could have your school fees paid by the end of Term One or as soon as it is possible.

## **Tuckshop News**

**Tuckshop will be on Friday, 17th March.**

**Linda Armstrong and Maddie Kelly will be on duty.**

**Normal Ordering for Morning Tea and Lunch available**

### **Morning Tea—50c each**

Cakes/Slices  
Sausage Rolls  
Fruit Salad  
Two Fruits  
Cheese & Biscuits

### **Lunch**

Normal lunch items available.

### **Option for parents**

This week for home cooking for tuckshop.  
Cakes, Muffins, Slices or Biscuits are examples of options.  
Anything that can be frozen is ideal.

If you have any problems with tuckshop or the roster please let me know.

Thank you.

Sarah Monaghan  
Tuckshop Committee

## **Relay for Life—Against All Odds Team** **Krispy Kreme Fundraiser**

Please find attached order form for Krispy Kreme's.  
Orders and payment due by Wednesday 12th April.  
Delivery on Saturday 29th April.

Please make sure you put on your contact number as pick up will be required.

If you would like further information, please see Therese.

The Principal  
Stratheden School  
710 Stratheden Road  
STRATHEDEN 2470

Dear Principal and Staff,

The President and Members of St Therese Conference wish to thank you sincerely for your schools donations of food items for our Christmas Hampers.

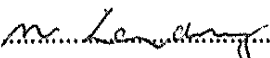
These kind donations by the students and their families played a major role in enabling us to fill over 130 hampers for people in need in the Community .

Once again thank you for donations, this was very much appreciated.

Best wishes to you , your staff and the students for a very successful school year.

Yours faithfully,

Marlene Landrigan

..........

PRESIDENT ST THERESE CONFERENCE, CASINO

14<sup>th</sup> February,2017

## I AM Sisterhood Retreat:

### Breaking FREE to become ME

Byron Bay, March 30- April 3

Run by **Anni Daulter**, founder of the Sacred Living Movement, author of *Sacred Pregnancy*, *Sacred Motherhood* and more

Please claim your space in this workshop, or seek more information by emailing [earthysammi@gmail.com](mailto:earthysammi@gmail.com) or calling 0418 950 793.



The **I AM Sisterhood Retreat** nurtures the creative spirit within all women and helps us gain clarity and inspiration about our right path. In a lovingly held circle of women, we dive deep within to find our soul's purpose and passion. We will gain so much personal insight, have fun, laugh and cry throughout this journey, nourishing ourselves as natural born creators. **THIS is the I AM Sisterhood.**

Anni is a revolutionary figure in the world of intentional living as seen through the lens of rites of passage and our connections with each other. She has the ability to merge the Beauty Way lifestyle with body, mind, spirit and life changing retreats and trainings. Anni dedicated to changing the whole birth experience for women, helping couples grow their relationships to the highest vibration possible and helping sisterhood grow in ways that will eventually touch every woman near and far.

The Sacred Living Movement grew out of Anni's first book, *Sacred Pregnancy*, and retreat back in 2012. She quickly realised that all aspects of our life journey needed to be addressed, honoured, marked and seen as sacred and so many programs to fit the needs of the community were developed. These programs range from pregnancy and birth, post partum, menarche, parenting, natural health with more being created all the time. The Sacred Living Movement is about living with intention and inhaling the beauty of life. For more information visit [www.sacredlivingmovement.com](http://www.sacredlivingmovement.com)

#### NIGHT ONE: Welcome to

I AM SISTERHOOD \*I AM\* UNFOLDING ME \*circle check in + sacred space building + seeds of a woman tribe  
\*magic + feminine consciousness + the elements \*get your color + prana path meditation + introduce yourself to your sacred journal \*UNDER THE MOON DANCE (CIRCLE UNDER THE MOON) + singing + dancing to BOUNDLESS  
\*breaking free to be me : 6 line poetry slam \*create magic moon water \*create magic moon oil \*enjoy drinking  
"Sisterhood Moon Essence Potion" with some magic sprinkled in!

#### DAY TWO: \*I AM\* WOMAN TRIBE

AIR + FIRE

AIR : UNDERSTANDING DIVINE MIND \*divine mind + understanding the element of AIR \*word medicine + we are ONE \*SUPER-POWERS \*loving yourself : create rose anointing oil \*soul sister match up + heart to heart + gift exchange  
\*claiming the sacred writer in you \*sacred journal art time  
FIRE : LOOKING AT PASSIONS + YOUR WILL \*transformation + understanding the element of FIRE \*create black protection salt + say spell \*deep release fire ritual \*understanding the pendulum \*lotus mudra + chant \*sexual fire  
\*desires : poetry slam \*raw witness dancing

#### DAY THREE: \*I AM\* UNFOLDING ME

WATER + EARTH + SPirit

WATER : BEING IN THE FLOW \*flow + understanding the element of WATER \*gratitude practice \*living in abundance \*releasing LACK + manifesting money + looking at your relationship to moolah! \*create an abundance oil + money spell \*drink from the chalice of abundance

EARTH : GETTING GROUNDED \*grounding + understanding the element of EARTH \*goddess connections \*nature mandala offering \* find your nature object for your soul sister \*create your wand \*create your soul sister's name gift \*soul sister share \*tribal-flow face painting \*I AM\* DEFINED

SPIRIT : FINDING YOUR GODDESS WITHIN \*drum circle + "woman am I" song \*my name : be gifted your 'spirit name' \*my vision : send out dream to the universe \*my purpose in the world

Special "Living in Freedom"

BOLD RED Ritual \*\*Sisterhood Salt Bowl\*\*

#### DAY Four: Sightseeing and visit to the Crystal Castle in Mullumbimby

Please claim your space in this workshop, or seek more information by emailing [earthysammi@gmail.com](mailto:earthysammi@gmail.com) or calling 0418 950 793.



## Against All Odds Team Krispy Kreme Fundraiser

Order by Wednesday 12th April 2017

Delivery on Saturday 29th April 2017

NAME	Contact Number	Glazed 1 Doz \$20	Assorted 1 Doz (6 Glazed, 2 Choc, 2 Straw, 2 Choc Sprinkles) \$25	Total
i.e John Smith		1	1	\$45