



Stratheden Public School

Newsletter Friday, 3rd November, 2017 30.17

Phone: 66673266

Fax: 66673241

Mobile: 0417676273

www.stratheden-p.schools.nsw.edu.au

WEEK 4 TERM 4

Week 5 Term 4:

Monday, 6th November	— Intensive Swimming (9.00am departure from school)
Tuesday, 7th November	— Intensive Swimming. — Public Speaking at Leeville P.S. (Grace Eyles/ Lewis Armstrong)
Wednesday, 8th November	— Intensive Swimming. — Mini Fete—12.30pm Lunch, Fete 1.00pm.
Thursday, 9th November	— Intensive Swimming.
Friday, 10th November	— School Banking. — Intensive Swimming.

Principal's Report

Public Speaking

Two students from the Year 3/4/5/6 class have been chosen, after much preparation, to represent our school at the C.L.A.S.S. Public Speaking Competition to be held at Leeville Public School next **Tuesday (7.11.17)**. The students will travel with Mrs Watt to Leeville, after Intensive Swimming. Grace Eyles will represent Years 3/4 and Lewis Armstrong will represent Years 5/6.

Mini-Fete

Our Mini-Fete is fast approaching. It is on **next Wednesday (8.11.17)**. The students have been busy preparing for their stalls. The White Elephant Stall is in need of some pre-loved items and if you have any of these around your house, please bring them along to be priced.

The Mini-Fete commences at 12.30pm with lunch (Beef and Gravy Rolls and a Lemonade Spider). The selling commences at 1.00pm.

Remember, the students are allowed to wear casual clothes for the fete.

Hope to see you at the fete. All money goes to the SRC.

Intensive Swimming

This has been going for one week and there is great progress being shown by all.

Students are to wear their swimmers to school underneath their school uniform. They will need to bring with them their underwear, towel, swimming cap (if they require one), ear plugs (if they require them) and a plastic bag to put their wet swimming gear in.

Students with long hair need to have it tied up and those with ear piercings need to wear sleepers to prevent loss of earrings in the pool.

On the last day of Intensive Swimming the students will be allowed to purchase from the Kiosk. They only need \$2 as there are many items that they can purchase for this amount.

Thank You

Mr Shane Robinson—Swimming.

Tahne Robinson—Swimming.

Tylah Robinson—Swimming.

Kayla James—Swimming.

Natalie Flitcroft—Swimming.

Linda Armstrong—Donation of beef for the Beef and Gravy Rolls.

Cathy Kauter

Principal

K/1/2 News

Our unit on Good and Evil resulting in our shared Halloween Day was a great success. Thank you to all who provided the food for us. It was wonderful.

In art/craft with Mrs Eyles they have completed some more lovely artwork, which is displayed on our back wall.

Congratulations to the following:

Merit Awards: Lucian Kelly—Reaching F1 in Reading.

Rex Morgan—Reaching Extension Level in Reading.

Home Readers: Rex Morgan

Mrs Eyles News

Week 4

Spelling: Unit 18

English: Text types

Maths: Multiplication & Division

Science: K/1/2—Chemical Science Unit "All Mixed" - investigating mixtures.

3/4/5/6—Biological Science Unit—"Plants in Action" - Fruit & Seeds.

Visual Arts: Abstract designs

Interrelate

Interrelate will run a program with some of our C.L.A.S.S. peers at Stratheden on Thursday, 16th November, starting at 9:30am. The school will be covering the cost of the sessions.

Session 1: Where did I come from? (1 1/2 hour session) Years 3/4/5/6

This session educates children more about how their bodies work and the differences between males and females, including their understanding of conception, fertilization, foetal development and the birth process.

Session 2: Preparing for puberty (1 1/2 hour session) Years 5/6

This session prepares children for the physical, social and emotional changes associated with puberty and addresses changing emotions and relationships with families and peers.

Please sign and return permission notes by Friday, 10th November.

Tuckshop will be on 16th November to coincide with Interrelate. Normal Tuckshop.

Kindergarten Orientation

Kindergarten Orientation is on

Wednesday, 15th November (Week 6),

Wednesday, 29th November (Week 8) and

Wednesday, 13th December (Week 10).

This is every second Wednesday 8.55am—3pm.

Please see Miss Kauter for any further information. Enrolment packs are available from the office. Please return these to the office by **Wednesday, 15th November.**

SRC News

The Mini-fete is fast approaching. Any items that you would like to donate for the White Elephant Stall would be greatly appreciated. Also items for Tombola are required by Mrs Whitton. Thanking you in advance.

P & C

P & C Meeting

The next P & C meeting will be held on Tuesday, 7th November at 2pm in the K/1/2 classroom.

Girls Night Out

Save the date: Friday, 24th November at Dyraaba Hall at 6.30pm. More information to come.

Tuckshop News

No Tuckshop.

Tuckshop Committee

BEEF & GRAVY ROLL—\$2.50
SPIDER—50c
MINI-FETE—WEDNESDAY, 8TH NOVEMBER

NAME: _____

No. of beef & gravy rolls required _____

No. of drinks required _____

Please return to the school by Monday, 6th November

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Please return to the school by Monday, 6th November

PERMISSION NOTE

Public Speaking

I hereby give permission for my child _____

to participate in the Public Speaking Competition at Leeville Public School on Tuesday, 7th September.

Transport will be by Mrs Watt.

Signed _____
Parent/Guardian

Date _____

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ENGAGING ADOLESCENTS™ PARENT COURSE

Parenting skills for resolving teenage behaviour problems

A three-session program for parents and carers
at **Kyogle Family Support Services,**
8 Geneva St Kyogle NSW 2474 on
16th, 23rd & 30th November from **1.30pm-4.00pm.**

Learn:

- ✓ Some common ground shared by parents & reasonable expectations to hold about adolescents
- ✓ New understandings of adolescence
- ✓ A three-option model & flow chart for decision-making
- ✓ Self check-in, first - for parents.
- ✓ Building relationship with your teenager and making the best of your non-crisis conversations with them
- ✓ Skills for tough conversations for handling those problems you just can't ignore

Registration Fee

The course costs **FREE**

Register for this course by contacting **Kyogle Family Support Services** on **02 66321044**

What parents have said...

A step dad recalled an incident at the weekend with his 12 year old step daughter. He said that the input he had received the previous week from the course helped him keep his cool and brought a more favourable outcome.

A single Mum who had presented as quite anxious on the first night told the group in week 2 that she had made an appointment with her 15 year old son during the week and had had a far more favourable discussion with him than would previously have been the case.

Who's running it?

The trainers for this course are Scott & Mel Gordon who have completed Parentshop's Engaging Adolescents training. Scott co-ordinates the M4K program and works closely with youth and schools to enhance community participation. Mel is an experienced qualified family worker who works with a diverse range of families and is passionate about tooling parents up with a range a parenting strategies to best support their individual needs.

For more information contact 02 6632 1044

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective •

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au

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